



WATERFRONT

PRIVATE HOSPITAL

Botulinum Toxin Aftercare advice

Following your treatment today you can expect some redness, discomfort and bruising around the areas injected. You may also be aware of a tingling sensation or mild headache. These effects are all very common and should settle within the next few days. If you feel you need to take a painkiller, paracetamol is a good option.

The effects of the toxin will begin to show in the next few days, but the full effect takes up to two weeks. It can then be expected to last between 3-4 months, but this varies between patients.

Over the next **24 hours**:

- Remain upright for 2 hours after treatment
- Do not touch, rub or massage the treated area for 4 hours after treatment
- Avoid applying make-up for at least 12 hours
- Avoid alcohol and anything that could cause facial flushing, such as strenuous exercise, hot baths and saunas

Over the next **2 weeks**, you should avoid other facial procedures, including facials, chemical peels, massage and laser treatments.

Contact us if:

- You develop any side effects such as drooping of your eyelids, dry eyes or a heavy brow
- You are concerned about other side effects

